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# \*\*\* NOTICE \*\*\*

The following CV of Arlene F Hoffman DPM, PhD may not be used or submitted for designation as expert witness in a legal case until Dr. Hoffman agrees in writing to accept the case, receives her signed contract to that effect, and her retainer fee is paid.

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# Arlene F. Hoffman, DPM, PhD

# **CURRICULUM VITAE**

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#### **UNDERGRADUATE EDUCATION**

B.S., Biology and Chemistry Concentration "With Distinction", Minor in Education, Queens College, City University of New York, 1958-1962

#### **GRADUATE EDUCATION**

Ph.D., Department of Physiology, State University of New York, Downstate Medical Center, 1962-1966 D.P.M., California College of Podiatric Medicine, San Francisco, CA, 1970-1976

#### **POSTGRADUATE EDUCATION**

Immunophysiology, Departments of Physiology and Medicine, Stanford University Medical Center, Palo Alto, CA, 1966-1967

Resident in Podiatric Medicine, Department of Surgery, Jewish Memorial Hospital, New York, NY, 1976-1977

Associate in Podiatric Medicine with Morton Wittenberg, DPM, Augusta, GA, 1977-1978

#### **BOARD CERTIFICATION**

Board Certified, American Board of Podiatric Medicine, 1992-Present Board Eligible, American Board of Podiatric Surgery (Ambulatory), 1981

#### **HONORS/AWARDS**

"The V.I.P. D.P.M.'s: America's 150 Most Influential Podiatrists", 2001 Meritorious Service Citation, American Podiatric Medical Association, 1996 National Academies of Practice "Who's Who in American Education", Leaders in American Science Edition National Register of Prominent Americans Outstanding Educators of America Who's Who of American Women The World's Who's Who of Women American Men and Women in Science

# PROFESSIONAL EXPERIENCE

Clinical Professor of Podiatric Medicine and Surgery, Western University of Health Sciences/College of Podiatric Medicine, Pomona, CA	2011-Present
Professor, Department of Podiatric Medicine California College of Podiatric Medicine, SF, CA (Faculty rank in department since 1978)	1986-2001
Professor, Basic Sciences California College of Podiatric Medicine, SF, CA (Faculty rank in the department since 1967)	1969-2001
Chief, Non-Invasive Vascular Laboratory California College of Podiatric Medicine, SF, CA	1983-1996
Podiatrist, Private Practice	1977-Present
Chief, General Podiatry Clinic California College of Podiatric Medicine, SF, CA	1980-1985
Associate Dean of Curricular Affairs California College of Podiatric Medicine, SF, CA	1972-1975
Director, Department of Basic Medical Sciences California College of Podiatric Medicine, SF, CA	1969-1974
LTC - Medical Reserve Unit, California State Military Reserve.	1981-1991
Teaching Assistant, Department of Physiology State University of New York, Downstate Medical Center, Brooklyn, NY	1963-1966
Instructor, Biology Department City University of New York, NY	1964-1966
Biology and Science Teacher, Bayside High School Bayside, NY	1962
Bacteriology Technician, Maimonides Hospital Brooklyn, NY	1961
STAFF PRIVILEGES	

California Pacific Medical Center, SF, CA	1982-Present
Pacific Coast Hospital, SF, CA	1978-2001

#### **PROFESSIONAL SOCIETIES**

Fellow, American College of Foot Orthopedics and Medicine Fellow, American Society of Podiatric Medicine Fellow, American Society for Podiatric Angiology Fellow, American Society of Podiatric Dermatology Fellow, American Professional Wound Care Association Fellow, National Academies of Practice Member, Forensic Expert Witness Association Fellow, Academy of Ambulatory Foot Surgery (Former)

# **PROFESSIONAL ACTIVITIES**

Peer Reviewer, Journal of the American Podiatric Medical Association, 1985-Present Podiatric Medicine Residency Program Evaluator, Council of Podiatric Medical Education, 1998 - 2001 Specialty Editor, Podiatric Medicine, The Lower Extremity, 1993-1997 Founding Board Trustee, American Board of Podiatric Orthopedics and Primary Podiatric Medicine, 1992-1996 Member, Specialty Boards Committee (Representing Primary Podiatric Medicine) Council of Podiatric MedicalEducation, 1995-1996 Chair, Examination Committee ABPOPPM, 1992-1993 Vice President, American Society of Podiatric Dermatology, 2004-2006 Board Trustee, American Society of Podiatric Dermatology, 1991-2006 Board Trustee, American Society of Podiatric Medicine, 1990-1992 Board Member, American Board of Podiatric Medicine, 1988-1992 General Editor, Podiatric Medicine, Journal of the American Podiatric Medical Association, 1980-1991 Editor, Yearbook of Podiatric Medicine and Surgery, 1984-1992 Special Editor, Journal of the American Podiatry Association, 1973-1979 Associate Editor, Basic Sciences, Yearbook of Podiatry, 1977-1980 Board of Directors, American Society of Podiatric Angiology, 1983-1985 Chairperson, Career Guidance Committee, American Podiatry Association, 1980-1984 Member, Career Guidance Committee, 1977-1984 President, American Association for Women Podiatrists, 1982-1984 Vice President, American Association for Women Podiatrists, 1981-1982 Secretary, American Association for Women Podiatrists, 1979-1981 Treasurer, San Francisco-San Mateo Counties Podiatry Society, 1980-1981 Instructor, Cardiopulmonary Resuscitation, American Heart Assoc., 1975-1990 Chair, Health Care Industries and Professions Committee, National Chamber of Commerce for Women, 1981-1985 National Board of Podiatry Examiners, 1969-1975, 1981 Podiatric Medicine's Representative to the Federation of Organizations for Professional Women in the Sciences, 1978-1985 Podiatric Medicine's Representative at the New York Academy of Sciences Conference, Women in the Sciences, 1978 Editorial Advisory Board, Journal of Podiatric Education, 1971-1975 Podiatric Medicine's Contributor to HPEER, American Education Research Association, 1973-1979

Chair, Academic Senate, California College of Podiatric Medicine, 1970-1972

## LECTURER, CONTINUING MEDICAL EDUCATION

Evaluation of Blood Flow in the Lower Extremities Plethysmography and Doppler Blood Flow Evaluations Peripheral Vascular Disease Blood Flow in the Diabetic Wound Healing; Skin, Muscle, Nerve, Tendon, Bone and Blood Vessels The Perioperative Period: How to Avoid Problems Rehabilitation of Musculotendinous Injuries Medical Treatment for "Surgical" Problems When to Mobilize and When to Immobilize Muscle Function - How to Obtain Optimal Rehabilitation Treatment of Chronic and Not So Chronic Pain (Including Trigger Point Injections) Treatment of Sports Medicine Injuries with Injectable & Non-Injectable Anti-inflammatories Treatment of Sports Medicine Injuries with Homeopathic Medications Utilization of Anti-inflammatory Medications Pathophysiology of the Arthritides Bone and Tendon Pathophysiology Office Emergencies Shock Diabetes Pathophysiology of Congestive Heart Failure Problem Oriented Medical Record Diagnosis and Treatment of Onychomycosis Historical Survey of Women in Podiatry and Medicine

# CONSULTANT

Clinical Advisor, Podiatric Medicine, Castlight Health, 2011-2016

Heel, Inc., Utilization of Alternative Anti-inflammatory Medications for Podiatric Problems, 2007-2015

Current Concepts, Non-Invasive Vascular Evaluation, 1988-1993

Case History/Peer Review, California Litigation, 1978-1981

Special Project Grant Applications Review Committee, Bureau of Health Manpower, Public Health Service, National Institutes of Health, 1977-1980

Institutional Resources Site Visit Team, Biomedical Research Development Grant Program, National Institutes of Health, 1977-1980

National Resources Site Visit Team, Biomedical Research Grant Applications Review Committee, National Heart, Lung and Blood Institutes, 1976

Curriculum Consultant, Ohio College of Podiatric Medicine, 1976

## PUBLICATIONS

- Hoffman, A.F., Commentary: The Early Diagnosis of Thrombo-angiitis Obliterans, J.A.P.M.A. 97:278-284, 2007.
- Hoffman, A.F., Round Table: Podiatric Dermatology, Podiatry Management, 26:107-117, 2007.
- Hoffman, A.F., Evaluation of Arterial Flow in the Lower Extremity, Chapter 12. In Levy, L.A. and Hetherington, V.J. (eds): Principals and Practice of Podiatric Medicine, 2<sup>ad</sup> Ed. Data Trace, Brooklandville, 2006.
- Hoffman, A.F., Peripheral Vascular Considerations, Clinics in Podiatric Medicine and Surgery, 20:1-19, 2003.
- Hoffman, A.F., Historical Survey of Women in Podiatry and Medicine, Podiatry Management, August, 2000.
- Hoffman, A.F., Non-steroidal Anti-inflammatory Drugs, Commentary, Foot and Ankle Quarterly, 11:59-61, 1998.
- Hoffman, A.F., "Peripheral Vascular Disease." In: Review Text in Podiatric Orthopedics and Primary Podiatric Medicine, Benard, M.A. and Kravitz, S. eds., Data Trace, 1997.
- Hoffman, A.F., The Primary Podiatric Medical Practice: Making It Happen, A.P.M.A. News, 17:36, 1996.
- Hoffman, A.F. and Driver, V., Onychomycosis, Clinics in Podiatric Medicine and Surgery, 13:13-29, 1996.
- Hoffman, A.F. and Beede, G., Digital Pressure Changes Following the Post-occlusive Reactive Hyperemia Test in Patients with Peripheral Arterial Occlusive Disease, Lower Extremity, 1:105-114, 1994.
- Hoffman, A.F., Historical Survey of Women in Podiatry and Medicine, Amer. Assoc. Women Pod. Newsletter, April, 1993.
- Hoffman, A.F., "Arterial Evaluation of the Lower Extremity". In: Robbins, J. ed., Clinics in Podiatric Medicine & Surgery, 9:19- 56, 1992.
- Hoffman, A.F., Vascular and Other Diagnostic Equipment, Pod. Today, 3:151-157, 1991.
- Hoffman, A.F., Schmugler, B., and Matthews, M., Digital Pressure Changes in Normal Subjects Using the Post-Occlusive Reactive Hyperemia Test, J.A.P.M.A., 81:57-61, 1991.
- Hoffman, A.F., The 5-Minute Post-Occlusive Reactive Hyperemia Test, Pod. Today, 3:51-56, (Nov.) 1990.
- Hoffman, A.F., Evaluation of Arterial Blood Flow. In: Principles of General Medicine for the Podiatric Student, B.G., Zier, ed., W.B. Saunders, Philadelphia, 1990.

#### **PUBLICATIONS (continued)**

- Hoffman, A.F., and Adams, S., Multi-beat Clonus in a Patient without an Upper Motor Neuron Lesion: A Case Report, J.A.P.M.A., 79:194-197, 1988.
- Hoffman, A.F., and Smiley, R., Comparison of DTM and Sabouraud's Media for the Detection Of Dermatophytosis, J. of Current Pod. Med., 36:9-10, 1987.
- Hoffman, A.F., Comment, Pentoxifylline, J. Amer. Pod. Assoc., 76:410, 1986.
- Hoffman, A.F., Physiological Considerations of the Skin., D. McCartney, ed. In Podiatric Dermatology, pp 16-23. Williams and Wilkens, Baltimore, 1986.
- Hoffman, A.F., Peripheral Vascular Disease (Book Review), J. of Amer. Pod. Assoc., 1983.
- Hoffman, A.F., The Diabetic Foot (Book Review), J. of Amer. Pod. Assoc., 72:373, 1982.
- Hoffman, A.F., Basic Medical Sciences: Yearbook of Podiatry, Futura Press, New York, 1978.
- Hoffman, A.F., A Survey of Experiences with the Three-Year Curriculum, Part II, J. Pod. Med. Ed., 1977.
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- Hoffman, A.F., Evaluation of the Three Year Curriculum, J. Med. Ed., 51:54-156, 1976.
- Hoffman, A.F., Use of Pathological Conditions in Teaching Physiology, J. Pod. Med. Ed., 6:36-38, 1975.
- Hoffman, A.F., Fundamentals of the Learning Process: Methodology to Facilitate Learning, J. Pod Med. Ed., 5:4-8. 1974.
- Hoffman, A.F., Behavioral Objectives, J. Pod Med. Ed., 4:15-19, 1973.
- Hoffman, A.F., Clinical Correlation of Basic Science Instruction, Efforts Towards Relevance, J. Pod. Med. Ed., 3:22-26, 1973.
- Hoffman A.F., Recent Concepts of Skeletal Muscle Function: I. The Anatomy of the Muscle, Muscle Fibers and Myofibril, J. Amer. Pod. Assoc., 62:21-25, 1972.
- Hoffman A.F., Recent Concepts of Skeletal Muscle Function: II. Factors Affecting the Development of Tension in the Isolated Muscle, J. Amer. Pod. Assoc., 62:53-59, 1972.
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The Podiatry Curriculum, L. Blauch (ed.), Amer. Assoc. of Coll. of Pod. Med., 1970, Washington, D.C.

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Hoffman, A.F., and H.A. Levey, Thyroid Histamine Levels in Control and Propylthiouracil-Treated Rats, Fed. Proc., 24:no. 2, March-April 1965 (Abstr.).

Hoffman, A.F., Histology of the Mammalian Thyroid, Nucleus, 2:9, Spring, 1962.

# REFERENCES

Available upon Request